



Welsh Gymnastics
Gymnasteg Cymru

WELSH GYMNASTICS SELECTION
POLICY

Rhythmic Winter Queen Cup

22nd – 26th Jan 2025,

Platja d'Aro Spain

<p>1. Introduction</p>	<p>The Winter Queen Cup is a development/performance competition and target event for 2025.</p> <p>The nomination of gymnasts to represent Wales at the above-named event will be made according to this selection policy.</p>
<p>2. Performance Targets</p>	<p>Wales is targeting:</p> <ul style="list-style-type: none"> • one medal/podium
<p>3. Selection and nomination Timelines</p>	<p>a) Selection meeting will take place W/C 16th December b) Team Selection communication no later than Monday 23rd December 2024</p>
<p>4. Competition Format</p>	<ul style="list-style-type: none"> • Please refer to competition directives for a detailed competition format • Competitions are held in accordance with the current International Rules of Competition (FIG) in rhythmic gymnastics for 2025-2028
<p>5. Gymnast Eligibility Criteria</p>	<p>Gymnasts are eligible for consideration provided they:</p> <ul style="list-style-type: none"> • are a Welsh Citizen holding or eligible to hold a British passport. • are age-eligible (over 12 years old and as per identified age categories). • are a current British / Welsh Gymnastics member. • are eligible to compete for Welsh Gymnastics in line with the WG eligibility criteria. • Have completed in at least one of the Designated Selection Events (DSEs) • have no outstanding fees or any unresolved bans via Welsh / British Gymnastics. • Always comply with UKAD Clean Sport Policy • For gymnasts holding a squad place on the Welsh Gymnastics Rhythmic Programme full engagement is necessary for consideration unless mitigating circumstances are identified. <p>The team for the Winter Queen Cup will be selected from performances at the Designated Selection Event (DSEs) listed below:</p> <ul style="list-style-type: none"> • British Championships (DSE1) 19th – 21st July 2024

<p>6.Performance Standards</p>	<p>To be considered* for selection, individuals are expected to achieve the performance standards outlined below within at least one single competition during the Designated Selection Event(s) listed in section 5.</p> <ul style="list-style-type: none"> • Achieving a medal at the British Championships 2024 <p><i>*Achieving the Performance Standards does not guarantee selection.</i></p>
<p>7.Additional Performance Factors</p>	<p>The nomination panel may take into consideration athletes who do not reach the performance standards due to injury, illness or other key factors that have had a detrimental effect on training and competition plans based on supporting the longer-term direction of the WG Rhythmic Programme. A gymnast not reaching the performance standards may also be selected on a wildcard basis considering the factors below.</p> <p>The panel will consider the following Additional Performance Factors (APF), when nominating gymnasts:</p> <ol style="list-style-type: none"> a) Gymnasts scoring potential to win a medal or achieve the performance targets at the Winter Queen Cup 2025 b) Current and most recent performance forms in the build-up to nomination, including performances at the Designated Selection Events (DSEs). c) Current medical and injury status including recent training history and any additional extenuating circumstances that the panel feels necessary to consider at its discretion.
<p>8.Selection panel</p>	<p>The selection panel will consist of:</p> <ul style="list-style-type: none"> • Performance Director / Programme Manager / Programme Officer • Rhythmic Head National Coach • Independent WG staff member • Athlete representative

<p>9. Selection process for gymnasts</p>	<p>Gymnasts meeting the eligibility criteria, including Performance Standards, will be considered against the Additional Performance Factors.</p> <p>A gymnast who meets the eligibility criteria but does not meet the Performance Standards can be considered for selection by the panel and these gymnasts will be identified at the start of the selection panel discussions using relevant information aligned to the Additional Performance Factors.</p> <p>The nominated gymnasts will be those, in the expert opinion of the Nomination Panel, most able to achieve the targets listed in the section 'Performance Targets'.</p> <p>Based on the event requirements, when reviewing eligible gymnasts, their performances, and the additional performance factors, the panel may identify a non-travelling reserve(s) for the event.</p>
<p>10. Selection process for coaches and support staff</p>	<p>Both National Coaches will be in attendance for this trip therefore an expression of interest will not be released for a support coach role.</p> <p>Officials/support staff with the required qualifications will be contacted regarding availability. Selections of these individuals will be made on the appropriateness of the opportunity and availability.</p>
<p>11. Expectations of selected gymnasts, coaches and support staff</p>	<p>The selected delegation members must agree to adhere to the relevant Welsh Gymnastics code of conduct during the training camp and for the duration of the trip.</p>
<p>12. Communication of selections</p>	<p>WG will communicate the nominations to all eligible gymnasts and coaches by 23rd December</p>
<p>13. Appeals</p>	<p>Appeals may only be submitted from midday on 23rd December 2024 for non-selected gymnasts on the grounds that the process outlined within this selection policy has not been adhered to.</p> <p>Appeals must be submitted in writing by the gymnast (personal coach if under 18 years) and sent to performance@welshgymnastics.org between the timelines stated above.</p> <p>Appeals will be dealt with by an independent panel who were not initially involved in the decision-making process. All appeals will be heard and concluded by 4 pm 23rd December.</p>
<p>14. Injury and Replacement</p>	<p>In the event of injury and/or the need for replacement, the selection panel will agree from any gymnast listed as a reserve may be called upon to join the Team at any time.</p>
<p>15. Any additional</p>	<p>N/A</p>



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matters not covered by the policy.	
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