



Welsh Gymnastics
Gymnasteg Cymru

Sgwad Sylfaen Rhythmig Menywod Polisi
Dewis 2024
Rhythmic
Foundation Squad 2024
Selection Policy

<p>1. Introduction</p>	<p>The Welsh National Programme hereby outlines the selection process, key timescales and important criteria that are required to be eligible for squad selection for the Welsh Foundation Squad.</p> <p>Selections will be made by the Welsh Rhythmic selection panel. Details of which can be found in this document.</p>
<p>2. Selection Timelines</p>	<p>This squad will be selected on a 6 monthly basis in March / April & October / November.</p> <ul style="list-style-type: none"> • Squad trial – 16th November 2024 • Selection panel – No later than the 30th November 2024 • Selection communication – No later than the 8th December 2024 • Squad commence – November / December 2024
<p>3. Gymnast Eligibility Criteria</p>	<ul style="list-style-type: none"> • Only gymnasts eligible to compete for Wales will be considered for selection. Please see eligibility policy. • Gymnasts aged 8-9 years by 31st December 2024 (2015-2016) will be eligible for the Foundation Squad. • Gymnasts must be current members of Welsh/British Gymnastics and must be training in a Welsh/British Gymnastics registered environment.
<p>4. Selection Criteria General</p>	<p>The Welsh National Programme will select gymnasts, who in the expert opinion of the National Coaches, have the best capability of representing Wales now and / or in the future.</p> <p>Gymnasts will be considered based on the following factors*:</p> <ul style="list-style-type: none"> ▪ Testing as per the Welsh Gymnastics RHY Foundation Squad Selection Criteria ▪ Conditioning <p><i>Gymnasts scoring over 60% at the trial will automatically achieve a place up to a maximum of 8 places.</i></p>
<p>5. Selection Specific</p>	<ul style="list-style-type: none"> • Entries for the Rhythmic squad trial will be made via Sport80. <p>Wildcards – The Panel will have the capacity to select wildcard gymnasts for reasons listed below;</p> <ul style="list-style-type: none"> • Unable to attend trial / selection day for significant reason (please see section 7).
<p>6. Selection Panel</p>	<p>The selection panel will consist of:</p> <ol style="list-style-type: none"> 1. RHY (Head) National Coach 2. RHY National Coach 3. WG Performance Director/Programme Manager/Programme Officer 4. Independent WG Staff Member 5. Athlete Representative (if available)
<p>7. Injury/illness/ other reasons for being unable to complete testing</p>	<p>Gymnasts who are unable to trial due to extenuating circumstances e.g., illness / injury, or a pre-booked holiday will be able to trial at an appropriate time after the event as identified by the national coaches. They will still have to be entered on Sport80 and written</p>

	<p>documentation of the reason, injury or illness to performance@welshgymnastics.org by 16th November 2024.</p> <ol style="list-style-type: none"> I. Gymnast Name & Club II. Gymnasts Squad (if applicable) e.g., Foundation, Development or Performance III. Reason / Injury / Illness Details - Length of time injured, Diagnosis, Treatment and expected recovery timescales (If known)
<p>8.Complaints</p>	<p>If you are unhappy with the process or wish to put in a complaint, please email contactus@welshgymnastics.org.</p>