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**Gymspire Finals**

**Venue: Deeside Gymnastics Academy**

**Aviation Park**

**Flint Road**

**Broughton**

**CH4 0GZ**

**Welcome to**

**Welsh Gymspire Finals**

**2024**

On behalf of Welsh Gymnastics,

We would like to thank all the gymnasts, volunteers, coaches, judges, and everyone involved in the event today. Without you it would not have been possible.

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**Event Outline**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | |  | | |
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|  |
|  |
|  | **SAT Round 1: Age 8, Phase 1&2** | | |  |  |
|  | **Registration** | 10.00am | 10.15am |  |  |
|  | **General Warm Up** | 10.20am | 10.40am |  |  |
|  | **March On** | 10.42am | 10.45am |  |  |
|  | **R1** | 10.50am | 11.10am |  |  |
|  | **R2** | 11.10am | 11.30am |  |  |
|  | **R3** | 11.30am | 11.50am |  |  |
|  | **R4** | 11.50pm | 12.10pm |  |  |
|  | **Presentation** | 12.10pm | 12.40pm |  |  |
|  | **Lunch** | 12.10pm | 12.50pm |  |  |
|  |  |  |  |  |  |
|  | **SAT Round 2: Age 11-12, Phase 1&2** | | |  |  |
|  | **Registration** | 12.40pm | 12.55pm |  |  |
|  | **General Warm Up** | 1.00pm | 1.20pm |  |  |
|  | **March On** | 1.25pm | 1.30pm |  |  |
|  | **R1** | 1.30pm | 2pm |  |  |
|  | **R2** | 2pm | 2:30pm |  |  |
|  | **R3** | 2:30pm | 3pm |  |  |
|  | **R4** | 3pm | 3:30pm |  |  |
|  | **Presentation** | 3:30pm | 4pm |  |  |
|  |  |  |  |  |  |
|  | **SUN Round 1: Age 9, Phase 1&2** | | |  |  |
|  | **Registration** | 9.00am | 9.15am |  |  |
|  | **General Warm Up** | 9.20am | 9.40am |  |  |
|  | **March On** | 9.42am | 9.45am |  |  |
|  | **R1** | 9.50am | 10.10am |  |  |
|  | **R2** | 10.10am | 10.30am |  |  |
|  | **R3** | 10.30am | 10.50am |  |  |
|  | **R4** | 10.50am | 11.10am |  |  |
|  | **Presentation** | 11.10am | 11.40pm |  |  |
|  |  |  |  |  |  |
|  | **SUN Round 2: Age 10, Phase 1&2** | | |  |  |
|  | **Registration** | 11.40am | 11.55am |  |  |
|  | **General Warm Up** | 12.00am | 12.20pm |  |  |
|  | **March On** | 12.22pm | 12.25pm |  |  |
|  | **R1** | 12.30pm | 12.50pm |  |  |
|  | **R2** | 12.50pm | 1.10pm |  |  |
|  | **R3** | 1.10pm | 1.30pm |  |  |
|  | **R4** | 1.30pm | 1.50pm |  |  |
|  | **Presentation** | 1.50pm | 2.20pm |  |  |
|  | **Lunch** | 1.50pm | 2.30pm |  |  |
|  |  |  |  |  |  |
|  | **SUN Round 3: Age 13+, Phase 1&2** | | |  |  |
|  | **Regestration** | 2.20pm | 2.35pm |  |  |
|  | **General Warm Up** | 2.40pm | 3.00pm |  |  |
|  | **March On** | 3.02pm | 3.05pm |  |  |
|  | **R1** | 3.10pm | 3.35pm |  |  |
|  | **R2** | 3.35pm | 4.00pm |  |  |
|  | **R3** | 4.00pm | 4.25pm |  |  |
|  | **R4** | 4.25pm | 4.50pm |  |  |
|  | **Presentation** | 4.50pm | 5.20pm |  |  |

**Photography Regulations**

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by Welsh Gymnastics and British Gymnastics.

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org. If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos. ‘Photo’s’ includes any form of video or still image including those taken with mobile phones.

1. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
2. Not to take photos either generally or in particular circumstances.
3. To provide their full name and address and evidence of this
4. To let the Competition Organiser, view any images recorded and to delete any images.
5. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they cannot be deleted.
6. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
7. Photos may not be used, distributed or copied for commercial purposes.
8. Flash may not be used at any time while gymnasts are warming up or competing.

\*Taken from Appendix 2 British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form – BG Photography Regulations.

**Judging panels**

**TBC**

**Competition officials**

Safeguarding and welfare: Maria Gaynor

Floor Manager: Maria Gaynor

Volunteers: Deeside GA

Photo’s: GymPix

Gymnastics Apparel: Quatro

**Safeguarding and Wellbeing Officer:**

A person with curly hair wearing a red shirt

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Hello, my name is Maria and I’m the Safeguarding and Wellbeing Officer for the WEST AREA Gymspire. If you would like to talk through any concerns please approach me for a chat, for this competition, I can be found on the photography stall.

Alternatively, you can email: [safeguarding@welshgymnastics.org](mailto:safeguarding@welshgymnastics.org)

Or feel free to scan the QR code

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