



Welsh Gymnastics
Gymnasteg Cymru

Men's Artistic Competition Handbook 2024

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Section 1 – Version History

The Men's Artistic Technical Committee (MTP) reserves the right to make amendments to this handbook.

Notification of a change to the handbook will be communicated through the Welsh Gymnastics website and an updated version will be made available to download at the time of change.

Any enquiries regarding competitions should be directed to one of the following:

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Men's Artistic Technical Panel Lead – Welsh Gymnastics

performance@welshgymnastics.org

Men's Artistic Head National Coach - TBC

Men's Artistic National Coach – Peter Haysham

Peter.haysham@welshgymnastics.org

Men's Artistic Discipline Representative – Aled Jones

performance@welshgymnastics.org

Men's Artistic Judging Lead – Paul Edwards

performance@welshgymnastics.org

Men's Artistic National Competition Organiser – Events team

competitions@welshgymnastics.org

Other MAG related queries:

performance@welshgymnastics.org

Section 2 - Eligibility

Welsh Championship Titles

To compete and win Welsh titles, gymnasts must fulfil the eligibility requirements as specified below:

- Be eligible to hold a UK Passport
- Hold correct British / Welsh Gymnastics membership

and

- Be born in Wales;

or

- Mother, father or grandparents of the gymnast born in Wales;

or

- Live in Wales and have done so for a continuous period that exceeds 48 months

For full details of eligibility information and evidence requirements please click: [Welsh-gymnastics-squads-eligibility-criteria.pdf \(welshgymnastics.org\)](https://www.welshgymnastics.org/welsh-gymnastics-squads-eligibility-criteria.pdf)

Welsh Open Events

Any invited gymnasts are eligible to compete in Open events provided they fulfil the relevant membership requirements.

Elite and Club Development Grades

For eligibility into Grade events please refer to the British Gymnastics eligibility requirements found within the BG Competition Handbook.

Section 3 - Terms and Conditions of Entry to All Competitors

In addition to WG General Rules & Regulations

- All entrants agree to be treated by WG appointed medical staff only and be bound by the decision of WG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry, you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. WG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
- You agree to abide by the WG/BG Photography at Gymnastics events policy.
- The person making the online entry on behalf of gymnast(s), a club or an area, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.

Section 4 - General Rules and Penalties

| Rule | Penalty |
|---|---|
| Clubs must have an appropriately qualified coach on the competition floor | Gymnasts/Team Withdrawn from competition |
| Coach displaying aggressive behaviour/foul language | Removal of coach from the competition floor |
| Coaches must be appropriately dressed | Coach will not be permitted on the competition floor |
| Gymnasts, coaches, and volunteers only permitted on competition floor | Unpermitted individuals will be asked to leave the competition floor and 0.5 deducted from the final score of gymnast and team |
| Gymnasts are not permitted to wear any jewellery | 0.3 deducted from the score on the first piece of apparatus it was noticed |
| Coaches must remove all jewellery or ensure it is fully covered up with tape | NO deduction – formal warning |
| Gymnasts should not leave the competition floor without the permission of their coach and the judge on that apparatus | Disqualification |
| Team members must wear identical leotards and club kit, no WG squad kit to be worn. | 1pt deducted from score on apparatus where first noticed |
| Supports/bandages must be matched to the skin tone of the gymnast a, strapping- a suitable colour should be used, i.e: no bright colours b, skin coloured bandages are recommended. | 0.3 deducted from score on apparatus where first noticed |
| Excessive use of chalk | 0.5 deducted from the gymnast's score |
| Chewing gum is not allowed at any phase of the competition, including the opening, and closing ceremonies and presentation of awards | Coach will be asked to leave the competition floor |

Section 5 - National Competition Calendar

| Competition Name | Venue | Competition Date(s) | Closing Date | Membership Levels | Entry Fee |
|---|-----------------|---|-----------------------------|-------------------|--------------------------------|
| Annette Brown Classic 1 of 3 | SWNC, Cardiff | 25 th /26 th May | N/A | Bronze | £10 per person £10 per team |
| Annette Brown Classic 2 of 3 | SWNC, Cardiff | 13 th /14 th July | 31 st May | Bronze | £10 per person £10 per team |
| Annette Brown Classic (NORTH) | Bangor GC | 6 th /7 th July | 30 th May | Bronze | £10 per person £10 per team |
| MA Setwork Championships (Club and Elite Grades) | SWNC, Cardiff | 8 th September | 26 th July | Silver | £20 |
| Apparatus Challenge + Disability Voluntary Competition | SWNC, Cardiff | 8 th October | 30 th August | Bronze | £20 |
| Annette Brown Classic 3 of 3 (Final Countdown) | City of Newport | 30 th Nov/1 st Dec | 17 th October | Bronze | £10 per person £10 per team |
| Dragon Cup (Floor and Vault) | City of Newport | 23 rd November | 17 th October | Bronze/Silver | £15 |

Section 6 - Competition Apparatus

Unless otherwise stated, the equipment at MTP competitions will be to current FIG specifications.

Tall gymnasts – Horizontal bar

Gymnasts have the right to request permission to raise the horizontal bar to accommodate their height.

The request for the horizontal bar to be raised must be at the time of competition entry. The apparatus will be raised in accordance with the FIG/MTC regulations.

Unauthorised adjustment of any apparatus will be penalised in accordance with the FIG regulations.

Section 7 – Welsh Championships (2025 – further information will be released in September)

| Age Group | Year(s) of birth | Code |
|-----------|------------------|--|
| U12 | 2013 & 2014 | See GB Handbook |
| U14 | 2011 & 2012 | See GB Handbook |
| U16 | 2010 & 2009 | FIG Code (FIG rules for specific elements that are prohibited for juniors will be applied) |
| U18 | 2008 & 2007 | FIG Code |
| Senior | 2007+ | FIG Code |

Section 8 – Welsh Apparatus Challenge Championships

| | | |
|-------------------------|----------------------|-------------------------------|
| Level 1 (Novice) | U10 – 2014/2015/2016 | Level 2 (Intermediate) |
| | U12 – 2012/2013 | |
| | U14 – 2010/2011 | |
| | U16 – 2008/2009 | |
| | 16+ 2008 onwards | |

Eligibility

Gymnasts who have not competed in the Welsh Artistic Championships in the same year are eligible to compete in this competition.

Competition structure – Team and Individual competition

Individual All Around (Top 4 Apparatus scores to make All Around score)

Team consists of 3 gymnasts with the following scores to count;

- Top 2 scores on floor and vault
- + Top score on pommel, rings, p-bar and h-bar
- A total of 8 scores

Codes/Criteria

[2023-03-03-22-1-wg-welsh-app-challenge-criteri.pdf \(welshgymnastics.org\)](https://www.welshgymnastics.org/2023-03-03-22-1-wg-welsh-app-challenge-criteri.pdf)

Section 9 – Voluntary Disability Closed Competition

| | | | | |
|----------|--------------|---------------|---------------|---------------------|
| Under 12 | 2012/2013 | Competition A | Competition B | Open Competition |
| Under 14 | 2010/2011 | | | |
| Under 16 | 2008/2009 | | | |
| 16+ | 2008 onwards | | | |

Eligibility

Any gymnast with a disability will be eligible to compete. This will be a **closed** competition only.

Competition structure

Individual All Around (Top 4 apparatus scores to make All Around score)

Competition criteria

[file \(british-gymnastics.org\)](https://www.british-gymnastics.org/)

Section 10 – Welsh Regional Grades (Club and Elite) and Disability NDP’s

| Club Development Grades | Year of birth | Elite Development Grades |
|--------------------------|---------------|--------------------------|
| Level 0 (WG event only)* | 2016 | Level 0 (WG event only)* |
| Level 1 | 2015 | Level 1 |
| Level 2 | 2014 | Level 2 |
| Level 3 | 2013 | Level 3 |
| Level 4 | 2012 | Level 4 |
| Level 5 | 2011 | Level 5 |
| Level 6 | 2010 | Level 6 |

*. The Level 0 event is a WG designated competition **ONLY** that does not lead to British finals qualification.

Awards

| | |
|------------------------------------|--------------------|
| Individual All Around Apparatus | Top 1-6 Top 1-6 |
|------------------------------------|--------------------|

Codes/criteria

See BG Club Development and Elite Development Handbook

British Elite and Club Development Grades Finals selections

National coaches in conjunction with the MTP, will select team members for the above event based on the scores obtained at the Welsh Elite and Club Development Competition. Selections will be based on achieving the performance outcomes/objectives stated in the Specific event selection Criteria.

Disability NDP’s

[file \(british-gymnastics.org\)](http://british-gymnastics.org)