

Tumbling Forum

Location: Zoom

Date: Thursday 25th July 2024

Time: 7pm

Staff Attendees: Director of Performance and Director of Development

Actions from previous forum:

- Invitation to forum sent to all individuals with a qualification (judging or coaching).
- TP minutes uploaded to Welsh Gymnastics website (on Tumbling page).
- Events and judging discussed as part of agenda.

Performance updates:

• Daniel Rabbitt appointed as Performance Programme Officer.

Squads:

- Christopher Morgan appointed as Head National Coach and Shelley Pace appointed as Foundation Coach.
- Date for retrial is set as 20th October.
- Plan for Foundation squads is to move these around Wales for the next block (in suitable venues).
- Performance Development squads will move to camp-based activity in the next block.
- Enquiries have been made to run joint camps with other Home Nations, and the initial responses have been positive.
- Question raised regarding the re-establishment of Area squads. Explained that not a priority currently but will raise the question at the next TP meeting. Club offered support for individual who enquired.

International competitions:

- Planning to send delegation to the French Cup in November 2024. Selection policy will be communicated to clubs during the week commencing 29th July. Questions/clarification on policies can be sent to performance@welshgymnastics.org
- Home Nations Competition, which was due to take place in Scotland (November), will now take place in February 2025. The selection policy for this competition will be communicated upon receipt of the directives from Scotland.









Judging:

• For the next cycle, British Gymnastics will be focusing on Coach Development. Judge development will now be passed to the British Technical Committees to create. Mixed response to face-to-face vs online course preference.

Coaching:

- No instant need from those on the call for formal coach education courses.
- Peer-to-peer touch points (even if online) in between courses would be beneficial.

Competitions:

Handbook:

- Timeline to communicate Welsh Competition handbooks is September/October. This is reliant on the British handbooks being available in August.
- Clubs need to know dates and venues of competitions as far in advance as possible to help with planning.
- A multiple discipline calendar would be useful to support planning.

Judging:

• Judging is still causing some issues at competitions. More judge development needs to be undertaken to raise the standards and confidence of individuals.

Systems:

- There is currently no integration with the British Gymnastics JustGo system. This was originally due to take place on July 1st. No new date has been provided.
- Issues with competition entries flagged. Email will be sent at the beginning of the week commencing 29th July regarding competition entry process.
- If no access by end of week (2nd August), entries will need to be sent manually via email. Communications will be sent to clubs to confirm this process, if required.

Safeguarding and Wellbeing:

- Safe trip form is required to be submitted (currently word document will shortly be available on Sport80) prior to any overnight stay.
- Issues have been raised with the minimal notice of running orders make it difficult for clubs to submit forms within the set time.







- Safe practise policies released and available on WG website (Hydration, weighing and education). Others to be released shortly (Flexibility, Pain injury and illness, and nutrition).
- Training, in the form of e-learning will be made mandatory for Level 2 + coaches.
- Safe environments a safe environments checklist will be created, open environments will soon be in operation and there will be Safeguarding and Wellbeing officer ratios in place, depending on the size of the club.



