

# Trampoline Technical Panel Meeting

Location: Teams

Date: Friday 26th July 2024

Time: 9am

Attendees: Holly Broad, Elle Langham-Walsh, Ricardo Trony, Nerys Williams, David

House, Lisa O'Connell

Apologies:

#### Actions:

- HB to feedback to MG around TP feedback.
- HB to confirm with English Gymnastics attendance as guests at English Championships next year.
- HB to call about DWH competition.
- ELW to book additional training sessions.

## Agenda Items

- Welsh Championships
  - ELW got clarity on below questions:
    - Finals. No final if 8 or less competing. If there are above 8 gymnasts competing then finals. DMT top 8 does 1st round, top 4 does 2nd round.
    - We will be using the Trampolines on site WR has given me permission to use whichever equipment I want) which are 2 x 4x4 tramps and also 1 x Ultimate and then we will be bringing in 1 x Ultimate (Cardiff Flyers). So, the set up will be 2 x 4x4 TRA and also 2 x Ultimate TRA. We do have the option to use a 6 x 4 as well but I'll be lead by their expertise. 2 x 4 x 4 TRA & 2 x Ultimate TRA. Gold / Platinum to be on the Ultimate and Silver / Bronze on 4x4.
    - Can you please tell me what the synchro requirements are please and how many levels there are in that competition as there is no reference to this in the whole document. Will utilise the same levels as individual for synchro. Gymnasts are able to go up a level from what they have competed in individual but can't go down. Age groups will be 9-12, 13-16, and 17+
    - You have increase the difficultly over the gold to almost worldwide age group requirements why have you added another level, then published document doesn't not account for the time requirement to add additional moves into routines for the gymnasts who were hitting performance level for the pervious but not FIG ... seems a little stacked









against the non FIG gymnasts. For clarity, difficulty is across both routines not just one.

- Also, would you be able to confirm a few things about the DMT requirements? The silver level - is the "compulsory routine" meaning pass 1 and the "vol routine" meaning passes 2, 3 and 4? Or is that per round, so passes 1 and 2 for the "compulsory routine" and passes 3 & 4 for the "vol routine"? Is this also applied to the Gold and Platinum levels - if the routine 1 and routine 2 are meant to be passes 1 and 2 so diff added to make that minimum, does the same apply for passes 3 and 4 or is there no minimum difficulty for those? First 2 routines are compulsory routines. If there are finals, gymnasts can compete either same compulsory or different voluntary routines.
- Disability DMT criteria. We will use the criteria currently in place for bronze as the disability criteria for DMT.
- You have not published any set requirements for the 17+ Gold level but you have published them for the vol? There are no set requirements for this.
- Why is there a compulsory routine for the Silver DMT but nothing for the other levels just minimum difficulties. This is to encourage particular skills and technique to be shown at this level.
- Disability TRA criteria. All were in agreement to keep the criteria in line with what has been published previously as one version has already been communicated and no one had sight of additional proposed criteria. Going forward, will look to utilise proposed criteria.

#### Scalabis

- RT really liked the competition and was a pleasure to take Welsh gymnasts. In general, went well. All gymnasts very nervous as hasn't represented Wales in a long time. Didn't achieve goals but knew this was unlikely from the the trials as no one reached the proposed scores. Apart from 2, saw an increase in score. Achieved u16/u14 and male final. NW – weren't at previous standards from criteria before but did very well. Need to try and improve performance overall.
- HB this was a benchmark. Have given these gymnasts an opportunity and need to be more strategic in who we are sending to competitions and opportunities. Running of trip was good. NW – gymnasts not out of place. Behaviour was impeccable and nice people. HB – eye opener for those best in Wales vs worldwide. NW – could we ask if we can guest at English. Don't do British but would be able to go to English. Good development opportunity. In October – next year. HB to confirm.

DH had to leave following discussion on Scalabis.

- **International Competitions** 
  - HB not heard anything about DWH but continuing to chase. No email response so will call.









- o Home nations comp has been moved to February next year. Will send through directives once received and work selection policies.
- o NW friendship cup good for this level. RT has looked at Friendship Cup but very expensive. Do more competitions if they are less expensive. NW - air BnB previously has made it cheaper.
- o HB Home Nations this financial year, Caledonia cup, then an abroad international next financial year.
- o RT can we recommend to clubs that they send internationally if younger than 14 to represent clubs? HB – domestically can represent Wales younger.

### LO joined call.

Foundation Squad Coach Applications

#### AOB

- Squad trial location and date.
- o Changes in code would need to be reflected in squad selection policy. Following trial look to move scores in line with new code.
- o NW if a gymnast is going into a new age group for 2025, do they need to meet score for automatic qualification on current or new age group? All in agreement that this would need to be new age group and if not would attend the squad trial. ELW to add clarification to policy.



