



Welsh Gymnastics  
Gymnasteg Cymru

Men's Artistic  
Future Cup 2024  
Selection Policy

Linz - Austria

November 21<sup>st</sup> – 23<sup>rd</sup> 2024



<p>1. Introduction</p>	<p>The Future Cup is a development and performance competition and target event for 2024.</p> <p>The nomination of gymnasts and coaches to represent Wales at the above-named event will be made according to this selection policy.</p> <p>The team for the Future Cup will be a minimum of 3 and a maximum of 5 gymnasts with a team format of (5/5/3).</p>																
<p>2. Competition format</p>	<table border="1" data-bbox="459 835 1458 1272"><thead><tr><th></th><th>Age group I 2006/2007</th><th>group II 2008/2009 Age</th><th>Age group III 2010</th></tr></thead><tbody><tr><td>Dismount:</td><td>Junior C.O.P.</td><td>Junior C.O.P.</td><td>Junior C.O.P.</td></tr><tr><td>Vault:</td><td>1.35m</td><td>1.35m</td><td>1.25m is allowed</td></tr><tr><td>Landing mats:</td><td colspan="3">Landing mats are allowed on the floor, parallel bars and horizontal bar.</td></tr></tbody></table> <p><u>Team mode:</u></p> <p>5/5/3 – From any age group.</p> <p><u>Individual Apparatus Finals:</u></p> <p>The top 6 competitors in each age group qualify for the apparatus finals.</p> <p>Max. 2 persons/delegation per apparatus.</p> <p>Gymnasts qualifying for vault finals must have competed two vaults. In the finals, 2 different jumps are necessary.</p>		Age group I 2006/2007	group II 2008/2009 Age	Age group III 2010	Dismount:	Junior C.O.P.	Junior C.O.P.	Junior C.O.P.	Vault:	1.35m	1.35m	1.25m is allowed	Landing mats:	Landing mats are allowed on the floor, parallel bars and horizontal bar.		
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<p>3. Selection Timelines / Process</p>	<p>a) Selection will be based on the following factors.</p> <ul style="list-style-type: none"><li>i. Controlled competition held at Waveney Gymnastics Club on the 28<sup>th</sup> August 2024.</li><li>ii. Performances during the development and performance squad training camps between January – August 2024.</li></ul> <p>Team selection will be agreed by the selection panel no later than 30<sup>th</sup> August 2024.</p>																



<p>4. Competition Format</p>	<p>The competition format will be delivered as per FIG Competition rules and regulations.</p> <p>Provisional Timetable:</p> <ul style="list-style-type: none"><li>• Thursday, 21st November Arrival 14:00 - 19:00 Free Training 20:00 - 21.00 Orientation Meeting</li><li>• Friday, 22nd November 08:00 - 18:00 Team Competition 20:00 Banquet dinner</li><li>• Saturday, 23rd November 10:00 – 13:00 Apparatus Final</li></ul>
<p>5. Gymnast Eligibility Criteria</p>	<p>Gymnasts are eligible for consideration provided they;</p> <ul style="list-style-type: none"><li>• are a Welsh Citizen holding or eligible to hold a British passport.</li><li>• are age-eligible (as per specified competition age categories).</li><li>• are a current Welsh/British Gymnastics member.</li><li>• have competed in 2024.</li><li>• have no outstanding fees or any unresolved bans via Welsh/British Gymnastics.</li><li>• always comply with UKAD Clean Sport Policy.</li><li>• are a member of the Welsh Development or Performance squads</li></ul> <p>** Any gymnast unable to compete at the listed DSE can express in writing to the selection panel for consideration. Gymnasts are required to send an appeal in writing explaining the reasons for being unable to compete at the DSE to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> by 14<sup>th</sup> August 5pm. If any gymnast informs Welsh Gymnastics that they are in this position, the selection panel, in conjunction with National Coaches will look at a viable option for inclusion within the selection process by;</p> <p>A - Competing via live ink at the same time as the other gymnasts at the DSE OR B – Producing footage by an agreed date (by the date of the DSE and no later). All routines must be filmed during the same session or current competition *eligible date pending*.</p> <p>** Use of footage can only be considered if participating internationally or due to prior communicated conflict.</p> <p>Routine footage submitted for selection consideration will be judged by the same judges as the DSE.</p>

	<p>A gymnast who is ill or injured following the 14<sup>th</sup> August and is unable to attend the trial (e.g. illness on day of the trial) must email <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> outlining the injury or illness to be eligible for consideration. In these exceptional circumstances, Additional Performance Factors (7) outlined, will be taken into consideration.</p>
6. Performance Standards	<p>There must be evidence that athletes wishing to be considered for nomination have the capability to contribute toward the team score objective set out in Target 1 (below) or evidence of capability of achieving Targets 2 &amp; 3.</p> <ul style="list-style-type: none"> <li>• <i>Target 1 – Achieve a Team score of (with the top 210.00 with 3 scores counting on each piece (at the event)</i></li> <li>• <i>Target 2 – Potential to finish in the top 10 A/A placing.</i></li> <li>• <i>Target 3 - Potential to qualify for an apparatus final.</i></li> </ul>
7. Additional Performance Factors	<p>In the absence of a sufficient number of athletes achieving the performance standards, the nomination panel may take into consideration athletes who do not reach the performance standards due to injury, illness or other key factors that have had a detrimental effect on training and competition plans based on supporting the longer-term direction of the programme of qualifying for and winning medals at the 2026/2030 Commonwealth Games.</p> <p>The panel will consider the following Additional Performance Factors (APF), when selecting gymnasts:</p> <ol style="list-style-type: none"> <li>a) Gymnasts scoring potential to win a medal or achieve the performance targets at the Future Cup 2024.</li> <li>b) Current and most recent performance form in the build-up to nomination.</li> <li>c) Current medical and injury status including recent training history and any additional extenuating circumstances that the panel feels necessary to consider.</li> <li>d) providing competition exposure for MAG gymnasts who are eligible for 2026/30 Commonwealth Games.</li> <li>e) Whereby proposed selections can't be agreed through reaching consensus, each decision maker will have 1 vote per available team place. Panel members must cast a vote for the selection to proceed. In the case of a split decision, the Head National Coach will have the deciding vote.</li> </ol>
8. Selection Panel	<p>The selection panel will consist of:</p>

	<ul style="list-style-type: none"> <li>- Director of Performance / Performance Programme Manager Officer (Voting member)</li> <li>- Performance Programme Manager/officer (Voting member)</li> <li>- National Coach(es) (Voting member(s))</li> <li>- Technical Panel representative (Voting member) *</li> <li>- Independent WG staff member (non-voting member)</li> <li>- Athlete Representative (Non-voting member)</li> </ul> <p>*If there is a conflict-of-interest, this individual (and voting right) will be replaced with a brevet judge.</p>
9. Selection process for gymnasts	<p>A gymnast who meets the eligibility criteria but does not meet the performance standards can be considered for selection by the panel and these gymnasts will be identified at the start of the selection panel discussions using relevant information aligned to the Additional Performance Factors.</p> <p>The nominated gymnasts will be those, in the expert opinion of the nomination panel, most able to achieve the targets listed in the section 'Performance Targets'.</p> <p>Based on the event requirements, when reviewing eligible gymnasts, their performances, and the additional performance factors, a non-travelling reserve for the event will be named.</p> <p>The selection panel will meet on the 29<sup>th</sup> August 2024.</p>
10. Selection Process for Coaches and Support Staff	<p>Coaches wishing to be considered for selection to attend this competition as a named team coach must submit an expression of interest form (found on the Welsh Gymnastics website and/or communicated out) by 1<sup>st</sup> September 2024. This should be sent to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a>.</p> <p>Selection of nominated coaches will be made at the selection panel meeting held on 29<sup>th</sup> August. Selection of nominated coaches will be made based on the best interests of the team.</p> <p>Officials/support staff with the required qualifications will be contacted regarding availability. Selections of these individuals will be made on appropriateness of the opportunity and availability.</p>
11. Expectations of selected gymnasts, coaches and support staff	<p>The selected delegation members must agree to adhere to the relevant Welsh Gymnastics code of conduct during the training camp and for the duration of the trip.</p>



12. Communication of selections	Team selection (gymnasts, coaches and officials) communicated to athletes & coaches no later than Friday 30 <sup>th</sup> August 2024 (Midday).
13. Appeals	<p>Appeals may only be submitted from midday on 30<sup>th</sup> August 2024 until midday on 1<sup>st</sup> September 2024 for non-selected gymnasts on the grounds that the process outlined within this selection policy has not been adhered to. Review of these appeals will be undertaken on the 2<sup>nd</sup> September prior to general public announcement of selections.</p> <p>Appeals must be submitted in writing by the gymnast (personal coach if under 18 years) and sent to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> between the timelines stated above.</p> <p>Appeals will be dealt with by an independent panel who were not initially involved in the decision-making process.</p>
14. Injury and Replacement	In the event of injury and/or the need for replacement, the selection panel will decide about bringing the gymnast listed as a reserve into the team at any time.