

## Trampoline Foundation Squad Coach

### Role Summary

The Trampoline Foundation Squad Coach is responsible for delivering the Foundation Squads within the Welsh Gymnastics Trampoline Performance Programme. The role involves collaborating with the Head National Coach for Trampoline, to ensure a robust performance pathway is in place for gymnasts to progress through.

The role will be responsible for supporting the transformational change that trampolining in Wales is currently undertaking. The individual will play a key role in ensuring a positive performance culture in every aspect of Trampoline, in support of gymnasts exploring what they may be capable of achieving.

### Key responsibilities

#### Technical

1. Responsible for practical delivery to gymnasts at Trampoline Foundation squads plus direction and guidance to the personal coaches of identified gymnasts.
2. Work closely with the Head National Coach, and other technical leads to ensure a connected and aligned approach to delivery of the performance aims, outlined in the Welsh Gymnastics strategy.
3. Work closely with the Programme Manager and Head National Coach to ensure clarity of the operational plan and confirm administration requirements essential to deliver a successful Trampoline performance programme.
4. Build and maintain a positive connection and trusting relationships with the Trampoline national coaching team at British Gymnastics and across the Home Nations.
5. Connect with and maintain robust relationships with a number of identified personal coaches where it can be beneficial to current and future generations of high performing Trampoline.
6. Provide technical input and insight as part of process of selection for the Trampoline Foundation Squad.

#### Operational and Planning

1. Work with the National Coach and Performance Team to design and deliver an annual programme of training camps and squad sessions, with clear aims and outcomes.
2. Engage and maintain relationships with identified personal coaches and gymnasts during and between camps and squad sessions, providing feedback and technical support.

3. Systematically collect, monitor, and assess data relating to the progress of identified gymnasts.
4. Work with the Programme Manager to monitor, measure and evaluate the effectiveness of the programme and how it supports individuals.
5. Ensure compliance with child protection, health, safety, anti-doping, and other relevant policies.
6. Promote and embody the values and expected behaviours of Welsh Gymnastics.

Note: The above responsibilities are not exhaustive and may evolve in consultation with the Director of Performance.

## Person specification

### Essential

1. A motivated individual, with a minimum of a level 3 qualification in Trampolining.
2. In-depth understanding of the technical aspects of Trampolining, including skill progressions, training methods and safety protocols.
3. Ability to effectively develop and implement strategic plans.
4. Demonstrated experience in leading, managing, and motivating individuals to achieve success, bringing people on the journey.
5. Ability to effectively communicate and demonstrate strong interpersonal skills to build impactful relationships with a wide range of people, for example; coaches, gymnasts, practitioners and other stakeholders.

### Desirable

1. A collaborative and empowering leadership style with an understanding of the unique nature and challenges faced by a National Governing Body.
2. A sound understanding of the current gymnastics landscape in Great Britain and the Home Nations.

## Role Particulars

Job title: Trampoline Foundation Squad Coach

Reports to: Performance Programme Manager

Status of role: Contract of Services

Rate of pay: £20 per hour, plus agreed expenses

Time period: June 2024 – August 2026

Requirements: Full UK driving license (desirable), Pass safe recruitment process - DBS, Safeguarding and Protecting Children certificate.

Hours of work: Agreed Foundation Squad sessions. This will include weekend working.

Location: Hybrid, with an expectancy to travel to various locations across the UK (including attending sessions in Wales).