



Welsh Gymnastics  
Gymnasteg Cymru

Sgwad Sylfaen Artistig Menywod Polisi Dewis  
2024

Women's Artistic  
Foundation Squad 2024  
Selection Policy

<p>1. Introduction</p>	<p>The Welsh National Programme hereby outlines the selection process, key timescales and important criteria that are required to be eligible for squad selection for the Welsh Foundation Squad.</p> <p>Selections will be made by the Welsh Women’s Artistic selection panel. Details of which can be found in this document.</p>
<p>2. Selection Timelines</p>	<p>This squad will be selected on a 6 monthly basis in March / April &amp; October / November.</p> <ul style="list-style-type: none"> <li>• Squad trial – <b>3<sup>rd</sup> November 2024</b></li> <li>• Selection panel – <b>no later than the 20<sup>th</sup> November 2024</b></li> <li>• Selection communication – <b>No later than the 1<sup>st</sup> December</b></li> <li>• Squad commence – <b>November / December 2024</b></li> </ul>
<p>3. Gymnast Eligibility Criteria</p>	<ul style="list-style-type: none"> <li>• Only gymnasts eligible to compete for Wales will be considered for selection. Please see eligibility policy.</li> <li>• Gymnasts aged 8-10 years by 31<sup>st</sup> December 2024 (2014-2016) will be eligible for the Foundation Squad.</li> </ul>
<p>4. Selection criteria general</p>	<p>The Welsh National Programme will select gymnasts, who in the expert opinion of the National Coaches, have the best capability of representing Wales now and / or in the future.</p> <p>Gymnasts will be considered based on the following factors:</p> <ul style="list-style-type: none"> <li>▪ Scores on conditioning tests at trial (see below link*)</li> <li>▪ Performance of basic technical skills on each apparatus at trial (see below link*)</li> </ul> <p><a href="https://www.dropbox.com/sh/z6t5g7bc46d796t/AACFr7bwo50coSiNNAIbAl6pa?dl=0">https://www.dropbox.com/sh/z6t5g7bc46d796t/AACFr7bwo50coSiNNAIbAl6pa?dl=0</a></p> <p><i>*Please note the ages in this video are now incorrect, 8 in year will follow 7 in year, 9 in year the 8 in year, and 10 in year the 9 in year. Gymnasts aren’t required to have learnt the ballet.</i></p>
<p>5. Selection Specific</p>	<ul style="list-style-type: none"> <li>• Entries for the women’s artistic squad trial will be made via Sport80.</li> </ul> <p><b>Wildcards</b> – The Panel will have the capacity to select wildcard gymnasts for reasons listed below;</p> <ul style="list-style-type: none"> <li>• The individual is injured or ill, impacting on their ability to attend or complete the testing day.</li> <li>• Opportunity for club or coach development.</li> <li>• Potential for further technical and skill development.</li> <li>• Unable to attend trial / selection day for significant reason (please see section 7).</li> </ul>
<p>6. Selection Panel</p>	<p>The selection panel will consist of:</p> <ol style="list-style-type: none"> <li>1. WAG (Head) National Coach</li> <li>2. WG Performance Director/Programme Manager/Programme Officer</li> <li>3. Independent WG Staff Member</li> <li>4. Athlete Representative (if available)</li> </ol>

<p>7. Injury/illness/ other reasons for being unable to complete testing</p>	<ul style="list-style-type: none"> <li>• Gymnasts who are unable to trial due to extenuating circumstances e.g., illness / injury, or a pre-booked holiday will be able to trial at the first session of the squad. They will still have to be entered on Sport80 and written documentation of the reason, injury or illness to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> by <b>3<sup>rd</sup> November 2024</b>.             <ol style="list-style-type: none"> <li>I. Gymnast Name &amp; Club</li> <li>II. Gymnasts Squad (if applicable) e.g., Foundation, Development or Performance</li> <li>III. Reason / Injury / Illness Details - Length of time injured, Diagnosis, Treatment and expected recovery timescales (If known)</li> </ol> </li> </ul>
<p>8. Complaints</p>	<ol style="list-style-type: none"> <li>1. If you are unhappy with the process or wish to put in a complaint, please email <a href="mailto:contactus@welshgymnastics.org">contactus@welshgymnastics.org</a>.</li> </ol>