



Welsh Gymnastics  
Gymnasteg Cymru

## **National Gymspire 23**

City of Newport Gymnastics Academy  
Saturday 25<sup>th</sup> and Sunday 26<sup>th</sup> November 2023

Doors open  
10.45am – Saturday  
8am – Sunday

**Adults - £3.00**

**Children – Free**

# **Welcome to the National Gymspire 2023**

On behalf of Welsh Gymnastics,

We would like to thank all the gymnasts, volunteers, coaches, judges, and everyone involved in the event today. Without you it would not have been possible.

Thank you to City of Newport Gymnastics Academy for hosting the competition.



Welsh Gymnastics  
Gymnasteg Cymru



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Brands are correct at the time of communication and are subject to change without notice

# Saturday 25th November

## Round 1

Age Group – 8 in year level 1 & 2 & Disability Phase 2,3 & 4

Registration: 11am

Rotation	Floor 1	Trampette 1	Vault 1	Rest
1	A	B	C	D
2	D	A	B	C
3	C	D	A	B
4	B	C	D	A

Rotation	Floor 2	Trampette 2	Vault 2	Rest
1	E	F	G	H
2	H	E	F	G
3	G	H	E	F
4	F	G	H	E

<b>A</b>		Floor 1	
		Trampette 1	
		Vault 1	
		Rest	
No.	Area	Name	Level
1	South East Girls	Phaedra Bolokele	1
2	South East Girls	Ava Hall	1
3	South East Girls	Jessica Bowen	1
4	South East Girls	Lexi Willis	1
5	South East Girls	Beatrice Cozens	1
6	South East Girls	Evie Lyons	1

<b>B</b>		Trampette 1	
		Vault 1	
		Rest	
		Floor 1	
No.	Area	Name	Level
7	South Central Girls	Martha Atcherley	1
8	South Central Girls	Amelia Raisis	1
9	South Central Girls	Gwenan Precious	1
10	South Central Girls	Alicia Mae Kershaw	1
11	South Central Girls	Megan Fish	1
12	South Central Girls	Lily George	1
13	South Central Boys	Evan Williams	1
900	South Central (D)	Indi Williams	Dis P3
901	South Central (D)	Emily Wilks	Dis P4

				Vault 1			
				Rest			
				Floor 1			
				Trampoline 1			
No.	Area	Name	Level				
14	North Girls	Becca Coad	1				
15	North Girls	Isla Davies	1				
16	North Girls	Mari Grace Pursglove	1				
17	North Girls	Fern Jones	1				
18	North Girls	Lois Roberts	1				
19	North Girls	Martha Griffiths	1				
20	North Boys	Joseph Houseman-Jones	1				

				Rest			
				Floor 1			
				Trampoline 1			
				Vault 1			
No.	Area	Name	Level				
21	West Girls	Annie Lee	1				
22	West Girls	Ella Powell	1				
23	West Girls	Daisy Sadd	1				
24	West Girls	Keavie - Sophia Malloy	1				
25	West Girls	Gwenno Jenkins	1				
26	West Girls	Mabel Craig	1				
27	West Boys	Issac John	1				
28	West Boys	Oliver Thomas	1				

				Floor 2			
				Trampoline 2			
				Vault 2			
				Rest			
No.	Area	Name	Level				
29	South East Girls	Eliza Marsh	2				
30	South East Girls	Hilary Giblin	2				
31	South East Girls	Aria Reveruzzi	2				
32	South East Girls	Isabelle Webster	2				
33	South East Girls	Amelia Tumelty	2				
34	South East Girls	Mali Whiffin	2				
35	South East Boys	Hayden North	2				

				Trampoline 2			
				Vault 2			
				Rest			
				Floor 2			
No.	Area	Name	Level				
36	West Girls	Riva Wickland	2				
37	West Girls	Saffi Moore	2				
38	West Girls	Olivia Gaisford	2				
39	West Girls	Eva Davies	2				
40	West Girls	Savannah Pace	2				
41	West Girls	Thea Evans	2				

				Vault 2			
				Rest			
				Floor 2			
				Trampoline 2			
No.	Area	Name	Level				
42	North Girls	Martha Lloyd Davies	2				
43	North Girls	Hallie Jones	2				
44	North Girls	Vienna-Ivy Jones	2				
45	North Girls	Isabelle Povey	2				
46	North Girls	Talia Briscoe	2				
47	North Girls	Elsie Purvis	2				
48	North Boys	Leon Kapper	2				
49	North Boys	Austin Berrigan	2				
50	North Boys	William Cooper	2				
51	North Boys	Elijah Burke	2				

				Rest			
				Floor 2			
				Trampoline 2			
				Vault 2			
No.	Area	Name	Level				
52	South Central Girls	Amber Thompson	2				
53	South Central Girls	Eloise Wellington	2				
54	South Central Girls	Mila Hughes	2				
55	South Central Girls	Jasmine Evans	2				
56	South Central Girls	Esmee Kemp	2				
57	South Central Girls	Lilly Ella Cook	2				
58	South Central Boys	Ethan Williams	2				
59	South Central Boys	Dexter Devlin	2				
60	South Central Boys	Magnus Dyer	2				
61	South Central Boys	Griff Jones	2				
62	South Central Boys	Jaxson Thomas	2				
63	South Central Boys	Theo Davies	2				

## Round 2

### Age Group – 11-12 Level 1 & Disability Phase 2 & 3

Registration: 13.15

Rotation	Floor 1	Trampoline 1	Vault 1	Rest
1	I	J	K	L
2	L	I	J	K
3	K	L	I	J
4	J	K	L	I

I			J			
Floor 1			Trampoline 1			
Trampoline 1			Vault 1			
Vault 1			Rest			
Rest			Floor 1			
Area	Name	Level	No.	Area	Name	Level
South East Girls	Leilah Harris	1	70	South Central Girls	Izabella Evans	1
South East Girls	Charlotte Jepson	1	71	South Central Girls	Erin Joy	1
South East Girls	Ameilya Willetts	1	72	South Central Girls	Erin Quirke	1
South East Girls	Shaniya Hobbs	1	73	South Central Girls	Summer Mainwaring	1
South East Girls	Rylee-Eve Williams	1	74	South Central Girls	Evelyn Bluck	1
South East Girls	Emily Dando	1	75	South Central Girls	Alyssia Jones	1
			76	South Central Boys	Jacob Plant	1
			77	South Central Boys	Alex Carter	1
			902	South Central	Lucia Gabarova	1 DIS P2
			903	South Central	Sara Wallbyoff	1 DIS P3
			904	South Central	Libby Wilks	1 DIS P3

K		
Vault 1		
Rest		
Floor 1		
Trampoline 1		
Area	Name	Level
North Girls	Jasmine Thomas	1
North Girls	Mia Waldron	1
North Girls	Poppy Jones	1
North Girls	Skye Milburn	1
North Girls	Sarah Holmes	1
North Girls	Elin Legge	1
North Boys	Luca Boswell	1
North Boys	Logan Pickford	1
North Boys	Jackson Hatton	1
North Boys	Ethan Waddington	1
North Boys	Oliver Palmer	1

L			
Rest			
Floor 1			
Trampoline 1			
Vault 1			
No.	Area	Name	Level
89	West Girls	Elin Richards	1
90	West Girls	Amelia Hughes	1
91	West Girls	Laura Jones	1
92	West Girls	Phoebe Jarvis	1
93	West Girls	Wiktoria Dudzinska	1
94	West Girls	Autumn Price	1
95	West Girls	Lilly Davies	1

# Round 3

## Age Group – 11-12 Level 2

Registration: 15.50

Rotation	Floor 1	Trampoline 1	Vault 1	Rest
1	M	N	O	P
2	P	M	N	O
3	O	P	M	N
4	N	O	P	M

		M	
		Floor 1	
		Trampoline 1	
		Vault 1	
		Rest	
No.	Area	Name	Level
96	South East Girls	Poppy Price	2
97	South East Girls	Ingrid Zina	2
98	South East Girls	Cadi Jones	2
99	South East Girls	Amy Heron	2
100	South East Girls	Lilia Morris	2
101	South East Girls	Elsie Hill	2
102	South East Boys	Rhydian Robson	2

		N	
		Trampoline 1	
		Vault 1	
		Rest	
		Floor 1	
No.	Area	Name	Level
103	South Central Girls	Alicia Ruskiewicz-Williams	2
104	South Central Girls	Hannah Morgan	2
105	South Central Girls	Alice Bowen	2
106	South Central Girls	Celyn Morgan	2
107	South Central Girls	Scarlett Morgan	2
108	South Central Girls	Ava Grace Johnson	2
109	South Central Girls	Storm Miller*	2
110	South Central Girls	Ffion Lewis*	2
111	South Central Girls	Paris Cant*	2
112	South Central Boys	George Howell	2
113	South Central Boys	Charlie Dixon Jones	2
114	South Central Boys	Joshua Parsons	2
115	South Central Boys	Aiden Turton	2
116	South Central Boys	Harvey Martin	2

		O	
		Vault 1	
		Rest	
		Floor 1	
		Trampoline 1	
No.	Area	Name	Level
117	North Girls	Mair Brooks	2
118	North Girls	Lexi Francis-Jones	2
119	North Girls	Isabella Sunderland	2
120	North Girls	Alice Skyes-Hand	2
121	North Girls	Charlotte Lloyd	2
122	North Girls	Emily Sutton	2
123	North Boys	Logan Charlick	2
124	North Boys	Jacob Appleton	2
125	North Boys	Huw Bostock	2
126	North Boys	Warren Morrison	2

		P	
		Rest	
		Floor 1	
		Trampoline 1	
		Vault 1	
No.	Area	Name	Level
127	West Girls	Neve Thomas	2
128	West Girls	Olivia Roberts	2
129	West Girls	Eve Williams	2
130	West Girls	Iyla Griffiths	2
131	West Girls	Olivia Morris	2
132	West Boys	Kellan Heatlie	2
133	West Boys	Leo Morris	2
134	West Boys	John Williams	2

# Sunday 26<sup>th</sup> November 2023

## Round 1

### Age Group – 9 in year Level 1 & 2

Registration: 08.20am

Rotation	Floor 1	Trampette 1	Vault 1	Rest
1	Q	R	S	T
2	T	Q	R	S
3	S	T	Q	R
4	R	S	T	Q

Rotation	Floor 2	Trampette 2	Vault 2	Rest
1	U	V	W	X
2	X	U	V	W
3	W	X	U	V
4	V	W	X	U

Q		Floor 1	
		Trampette 1	
		Vault 1	
		Rest	
No.	Area	Name	Level
135	South East Girls	Ava Carro	1
136	South East Girls	Naevia Pritchard	1
137	South East Girls	Violet Stubbs	1
138	South East Girls	Amelia Giddy	1
139	South East Girls	Francesca Wiggins	1
140	South East Girls	Niamh Cotterill-Ocarroll	1
141	South East Boys	Isaac Walton	1

R		Trampette 1	
		Vault 1	
		Rest	
		Floor 1	
No.	Area	Name	Level
142	South Central Girls	Amelia Watson	1
143	South Central Girls	Emma Budd	1
144	South Central Girls	Lily Type	1
145	South Central Girls	Frankie McFadden	1
146	South Central Girls	Imogen Parry	1
147	South Central Girls	Sopia Arangundez	1
148	South Central Boys	Oscar James	1
149	South Central Boys	Henry Bettles	1
150	South Central Boys	Adrian Thomas	1
151	South Central Boys	Mabon Furci	1
152	South Central Boys	Elis Pugh	1
153	South Central Boys	Benjamin Preece	1



				Vault 1	
				Rest	
				Floor 1	
				Trampoline 1	
No.	Area	Name	Level		
154	North Girls	Isla Birse	1		
155	North Girls	Chloe Jones	1		
156	North Girls	Brooke Lavery	1		
157	North Girls	Amelia Rose Killa	1		
158	North Girls	Sofia Parry	1		
159	North Girls	Jessica Fox	1		
160	North Girls	Lily Edwards	1		
161	North Boys	Rowan Milburn	1		

				Rest	
				Floor 1	
				Trampoline 1	
				Vault 1	
No.	Area	Name	Level		
162	West Girls	Lowri Davies	1		
163	West Girls	Ruby Perkins	1		
164	West Girls	Elinor Giles	1		
165	West Girls	Jasmine Cusano	1		
166	West Girls	Bella Richards	1		
167	West Girls	Ffion Beynon	1		

				Floor 2	
				Trampoline 2	
				Vault 2	
				Rest	
No.	Area	Name	Level		
168	South East Girls	Charlie Koleva-Thompson	2		
169	South East Girls	Mali Gardiner	2		
170	South East Girls	Annie Francis	2		
171	South East Girls	Madison Perterson	2		
172	South East Girls	Freya Ezulike	2		
173	South East Girls	Mia Morris	2		
174	South East Boys	Phoenix Saunders	2		

				Trampoline 2	
				Vault 2	
				Rest	
				Floor 2	
No.	Area	Name	Level		
175	South Central Girls	Erin Larkman	2		
176	South Central Girls	Rosie Watkins	2		
177	South Central Girls	Hayden Snook Rees	2		
178	South Central Girls	Milly Jones	2		
179	South Central Girls	Amy Cloke	2		
180	South Central Girls	Layla Fletcher James	2		
181	South Central Boys	Jack Jones	2		
182	South Central Boys	Taylor Birchley	2		
183	South Central Boys	Alexander Eynon	2		
184	South Central Boys	Ellis Eaves	2		

				Vault 2	
				Rest	
				Floor 2	
				Trampoline 2	
No.	Area	Name	Level		
185	North Girls	Darcey Bellis	2		
186	North Girls	Willow Ahmadi-Hamer	2		
187	North Girls	Mia Pugh	2		
188	North Girls	Elan Griffiths	2		
189	North Girls	Grace Gregory	2		
190	North Girls	Grace Napper	2		
191	North Boys	Jordan McFarlane	2		

				Rest	
				Floor 2	
				Trampoline 2	
				Vault 2	
No.	Area	Name	Level		
192	West Girls	Ruby Davies	2		
193	West Girls	Amelia Thomas - Varciana	2		
194	West Girls	Lyla Rose Nicholas	2		
195	West Girls	Cari Ellis	2		
196	West Girls	Ava Ball	2		
197	West Girls	Ruby Rogers	2		
198	West Boys	Kobe Haworth	2		

# Round 2

## Age Group – 10 in year level 1 & 2

Registration: 11.00

Rotation	Floor 1	Trampette 1	Vault 1	Rest
1	AA	BB	CC	DD
2	DD	AA	BB	CC
3	CC	DD	AA	BB
4	BB	CC	DD	AA

Rotation	Floor 2	Trampette 2	Vault 2	Rest
1	EE	FF	GG	HH
2	HH	EE	FF	GG
3	GG	HH	EE	FF
4	FF	GG	HH	EE

AA			
Floor 1			
Trampette 1			
Vault 1			
Rest			
No.	Area	Name	Level
200	South East Girls	Carrie Leponis-James	1
201	South East Girls	Amelia Screen	1
202	South East Girls	Goda Unikauskaite	1
203	South East Girls	Isabella Hall	1
204	South East Girls	Annabella Scaccia	1
205	South East Girls	Eliza Henderson	1
206	South East Boys	Archie Willetts	1

BB			
Trampette 1			
Vault 1			
Rest			
Floor 1			
No.	Area	Name	Level
207	South Central Girls	Gracie Walker	1
208	South Central Girls	Macey Manny	1
209	South Central Girls	Samara Camburn Rahmani	1
210	South Central Girls	Erin Williams	1
211	South Central Girls	Libby Morgan	1
212	South Central Girls	Tayah Price	1
213	South Central Boys	Bleidd Mann	1
214	South Central Boys	Gethin Williams	1

		Vault 1	
		Rest	
		Floor 1	
		Trampoline 1	
No.	Area	Name	Level
215	North Girls	Ava Templer	1
216	North Girls	Alexa Williams	1
217	North Girls	Ela Haf Pritchard-Jones	1
218	North Girls	Ella Booth	1
219	North Girls	Ayera Magness	1
220	North Girls	Gwenno Jones	1
221	North Boys	Bruce Powell	1

		Rest	
		Floor 1	
		Trampoline 1	
		Vault 1	
No.	Area	Name	Level
222	West Girls	Millie Thomas	1
223	West Girls	Isla Perry	1
224	West Girls	Betsy Shapcott	1
225	West Girls	Alana Sillitoe	1
226	West Girls	Sofia Perry	1
227	West Girls	Mari Thomas	1

		Floor 2	
		Trampoline 2	
		Vault 2	
		Rest	
No.	Area	Name	Level
228	South East Girls	Alyssa Jones	2
229	South East Girls	Amiyah Jones	2
230	South East Girls	Elen Dafydd-Roberts	2
231	South East Girls	Abigail Corbett	2
232	South East Girls	Imayah Johnson	2
233	South East Girls	Nadine Susan Eyong Echaw Gonzalez	2
234	South East Boys	Rayan Upadhyay	2
235	South East Boys	Frankie Miller	2

		Trampoline 2	
		Vault 2	
		Rest	
		Floor 2	
No.	Area	Name	Level
236	South Central Girls	Josey Kean	2
237	South Central Girls	Sophie Howard	2
238	South Central Girls	Livvie Barber	2
239	South Central Girls	Madison Thomas	2
240	South Central Girls	Jasmine Allen	2
241	South Central Girls	Amelia Gannon	2
242	South Central Boys	Mali Jacobs	2
243	South Central Boys	Kian Hembury	2
244	South Central Boys	Tyler Blake Solly	2
245	South Central Boys	Milo Hutchins	2
246	South Central Boys	Daniel Owen	2
247	South Central Boys	Rhys Lewellyn	2

		Vault 2	
		Rest	
		Floor 2	
		Trampoline 2	
No.	Area	Name	Level
248	North Girls	Lily Huson	2
249	North Girls	Eli Roberts	2
250	North Girls	Jessica Fox Cody	2
251	North Girls	Betsi Howells	2
252	North Girls	Mayah Muzimba	2
253	North Girls	Evie Blower	2
254	North Girls	Mili Fflur Roberts	2
255	North Girls	Olivia Aston	2
256	North Boys	Gethin Williams	2
257	North Boys	Bleidd Mann	2
258	North Boys	Gethin Williams	2
259	North Boys	Bleidd Mann	2

		Rest	
		Floor 2	
		Trampoline 2	
		Vault 2	
No.	Area	Name	Level
260	West Girls	Isla Hughes	2
261	West Girls	Ella Crayford - Prior	2
262	West Girls	Anest Thomas	2
263	West Girls	Eva Lilly Davies	2
264	West Girls	Haulwen Wood	2
265	West Girls	Florence Humphreys	2

## Round 3

### Age Group – 13+ Level 1 & 2 & Disability Phase 2

Registration: 13.25

Rotation	Floor 1	Trampette 1	Vault 1	Rest
1	II	JJ	KK	LL
2	LL	II	JJ	KK
3	KK	LL	II	JJ
4	JJ	KK	LL	II

Rotation	Floor 2	Trampette 2	Vault 2	Rest
1	MM	NN	OO	PP
2	PP	MM	NN	OO
3	OO	PP	MM	NN
4	NN	OO	PP	MM

		II	
		Floor 1	
		Trampette 1	
		Vault 1	
		Rest	
No.	Area	Name	Level
266	South East Girls	Sian Gurney	1
267	South East Girls	Myla Hartley	1
268	South East Girls	Eva Morris	1
269	South East Girls	Lola Walsh	1
270	South East Girls	Armani Hester-Demille	1
271	South East Girls	Niamh Britton	1
272	South East Boys	Jack Reynolds	1

		JJ	
		Trampette 1	
		Vault 1	
		Rest	
		Floor 1	
No.	Area	Name	Level
273	South Central Girls	Natalie Rego	1
274	South Central Girls	Carys Davies	1
275	South Central Girls	Lilly Bevan Jones	1
276	South Central Girls	Ffion Gaccon-Trigg	1
277	South Central Girls	Megan Davies	1
278	South Central Girls	Mara Gameiro	1

<b>KK</b>				Vault 1
				Rest
				Floor 1
				Trampoline 1
No.	Area	Name	Level	
279	North Girls	Amy Jones	1	
280	North Girls	Amber Hughes	1	
281	North Girls	Victoria Steele	1	
282	North Girls	Elsi Watkins	1	
283	North Girls	Mia Richardson	1	
284	North Girls	Amelia Stinchcombe	1	

<b>LL</b>				Rest
				Floor 1
				Trampoline 1
				Vault 1
No.	Area	Name	Level	
285	West Girls	Eleri Gwynne	1	
286	West Girls	Hollie Claridge	1	
287	West Girls	Gracie Kingdon	1	
288	West Girls	Maisie Griffiths	1	
289	West Girls	Hollie Williams	1	

<b>MM</b>				Floor 2
				Trampoline 2
				Vault 2
				Rest
No.	Area	Name	Level	
290	South East Girls	Jessica Hester	2	
291	South East Girls	Niamh Trott	2	
292	South East Girls	Lily Bethell	2	
293	South East Girls	Georgia Vine	2	
294	South East Girls	Miley Crabbe	2	
295	South East Boys	James Miles	2	
296	South East Boys	Ted Watson	2	
297	South East Boys	Luke Hobson	2	
298	South East Boys	Zachary Nikoukar	2	

<b>NN</b>				Trampoline 2	
				Vault 2	
				Rest	
				Floor 2	
No.	Area	Name	Level		
299	South Central Girls	Chloe Donovan	2		
300	South Central Girls	Megan Grabham	2		
301	South Central Girls	Riley Hussey	2		
302	South Central Girls	Nia Summers	2		
303	South Central Girls	Chloe Hallett	2		
304	South Central Girls	Imogen Howe	2		
905	South Central	Bethany Griffiths	2	Dis	P2
906	South Central	Honey Thomas	2	Dis	P2

<b>OO</b>				Vault 2
				Rest
				Floor 2
				Trampoline 2
No.	Area	Name	Level	
305	West Girls	Alice Samuel	2	
306	West Girls	Tiah Sellick	2	
307	North Boys	Joshua Roberts	2	
308	North Boys	Alex Hughes	2	
309	North Boys	Reuben Baxter	2	
310	North Boys	Max Williams	2	
311	North Boys	Tyler Rothwell	2	

<b>PP</b>				Rest
				Floor 2
				Trampoline 2
				Vault 2
No.	Area	Name	Level	
312	North Girls	Nia Davies	2	
313	North Girls	Ruby Brown	2	
314	North Girls	Charlotte Salt	2	
315	North Girls	Eve Falkner	2	
316	North Girls	Kailyn Jones	2	
317	North Girls	Libby Loxam	2	
318	North Girls	Grace Williams	2	

# Photography Regulations

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by Welsh Gymnastics and British Gymnastics.

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website [www.british-gymnastics.org](http://www.british-gymnastics.org). If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos. 'Photo's' includes any form of video or still image including those taken with mobile phones.

- 1.** The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
  - a.** Not to take photos either generally or in particular circumstances.
  - b.** To provide their full name and address and evidence of this
  - c.** To let the Competition Organiser, view any images recorded and to delete any images.
- d.** To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they cannot be deleted.
- 3.** Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
  - 4.** Photos may not be used, distributed or copied for commercial purposes.
  - 5.** Flash may not be used at any time while gymnasts are warming up or competing.

\*Taken from Appendix 2 British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form – BG Photography Regulations.



# SPOTLIGHT

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