



Welsh Gymnastics
Gymnasteg Cymru

NATIONAL PRELIMINARY CHAMPIONSHIPS 2024

Sport Wales National Centre

Saturday 11th and Sunday 12th May 2024

Doors open:

SATURDAY 11th 10am

SUNDAY 12th 8:30am

Adults - £3.00

Children – Free

Welcome to the National Preliminary Championships 2024!

On behalf of Welsh Gymnastics,

We would like to thank all the gymnasts, volunteers, coaches, judges, and everyone involved in the event today. Without you it would not have been possible.

Floor Managers: Joanne Gould, Georgia Pike, Kimberley McHardy, Kyarna Weed

Safeguarding and Well-Being Officers: Saturday – Georgia Pike/Sunday – Kyarna Weed

REPORT A CONCERN

Welsh Gymnastics wants everyone to enjoy a fun, positive experience where gymnasts can fulfil their potential in an environment safe from any form of abuse. Should you have any concerns or worries during this event please follow the link below to our safeguarding reporting form.

wg.vissro.com/public/wgcase.nsf/safeguarding-report

Saturday 11th May 2024
Round 1 – Doors open @ 10 am
Age Group – All 8 in Year Gymnasts

Arrive/registration: 10:00 am
 Coaches Meeting: 10:10 am
 General warm up: 10:15 – 10:35 am
 Judges Meeting: 10:15 – 10:30 am
 Compete: 10:35 am
 Presentation: 12:00 – 12:20 am
 End of round: 12:20 am

Timings	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
10:35 – 10:50	1	A	B	C	D	E
10:50 – 11:05	2	E	A	B	C	D
11:05 – 11:20	3	D	E	A	B	C
11:20 – 11:35	4	C	D	E	A	B
11:35 – 11:50	5	B	C	D	E	A

SATURDAY ROUND 1 - All 8 in Year

A					
Tumble 1					
Tumble 2					
Vault 1					
Vault 2					
Rest					
No.	Club	Name		Level	Team
1	Gwernyfed	Isla	Parry	8 in year Phase 1	Team 1
2	Gwernyfed	Demi-Rae	Jones	8 in year Phase 1	
3	Gwernyfed	Mya	Ricketts	8 in year Phase 1	
4	Gwernyfed	Emma	Ricketts	8 in year Phase 1	
5	Gwernyfed	Caitlin	Lush	8 in year Phase 1	Team 2
6	Gwernyfed	Josie	Torrance	8 in year Phase 1	
7	Gwernyfed	Erin	Scaife	8 in year Phase 1	

B					
Tumble 2					
Vault 1					
Vault 2					
Rest					
Tumble 1					
No.	Club	Name		Level	Team
8	Y-Fenni	Seren	Escott	8 in year Phase 1	Blorengé
9	Y-Fenni	Willow	Meats	8 in year Phase 1	
10	Y-Fenni	Iris	Pike	8 in year Phase 1	
11	Y-Fenni	Sebastiano	Butt	8 in year Phase 1	
12	Bedwas	Logan	Hydes	8 in year Phase 1	Black
13	Bedwas	Willow	Thorne	8 in year Phase 1	
14	Bedwas	Leonie	Mullis	8 in year Phase 1	

C					
Vault 1					
Vault 2					
Rest					
Tumble 1					
Tumble 2					
No.	Club	Name		Level	Team
15	Fusion	Macsén	Newberry	8 in year Phase 1	China
16	Fusion	Lilia	Wynford-Thomas	8 in year Phase 1	
17	Fusion	Amelie	Mahoney	8 in year Phase 1	
18	Fusion	Nia	Bevan	8 in year Phase 1	
19	Pen-y-Bont	Seren	Morgan	8 in year Phase 1	Blue
20	Pen-y-Bont	Maddie	Rosser	8 in year Phase 1	
21	Pen-y-Bont	Rosie	Roberts	8 in year Phase 1	
22	Pen-y-Bont	Sara	Elsikh	8 in year Phase 1	
23	CV	Alys	Farley	8 in year Phase 1	

D					
Vault 2					
Rest					
Tumble 1					
Tumble 2					
Vault 1					
No.	Club	Name		Level	Team
24	Deeside	Annalise	Davies-Jones	8 in year Phase 2	Deeside Pink
25	Deeside	Freya	Speed	8 in year Phase 2	
26	Deeside	Harlow	Jones	8 in year Phase 2	
27	Deeside	Riley	Jones	8 in year Phase 2	
28	Deeside	Andrae	Edwards	8 in year Phase 2	Kestrel Yellow
29	Kestrel	Rose	Sanders	8 in year Phase 2	
30	Kestrel	Scarlett	Guest	8 in year Phase 2	
31	Kestrel	Sapphire	Corbett	8 in year Phase 2	
32	Kestrel	Isabella	Bamford	8 in year Phase 2	
33	Kestrel	Miles	Bailey	8 in year Phase 2	

E					
Rest					
Tumble 1					
Tumble 2					
Vault 1					
Vault 2					
No.	Club	Name		Level	Team
34	YMCA	Molly	Edwards	8 in year Phase 2	Yellow
35	YMCA	Mia-Rae	Palfrey	8 in year Phase 2	
36	YMCA	Isla	Obrien	8 in year Phase 2	
37	YMCA	Amber	Lamey	8 in year Phase 2	Green
38	YMCA	William	John	8 in year Phase 2	
39	YMCA	Jack	Marchant	8 in year Phase 2	
40	YMCA	Darcie	Staples	8 in year Phase 2	
41	YMCA	Sasha	Perni	8 in year Phase 2	
42	YMCA	Talia	Coomber	8 in year DIS P3	

R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	A	B	C	D	E
2	E	A	B	C	D
3	D	E	A	B	C
4	C	D	E	A	B
5	B	C	D	E	A

Round 2

Age Group – All 9 in Year Gymnasts

Arrive/registration: 12:30 am

General warm up: 12:40 – 13:00

Compete: 13:00

Presentation: 14:50 – 15:10

End of round: 15:10

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
13:00 – 13:20	1	F	G	H	I	J
13:20 – 13:40	2	J	F	G	H	I
13:40 – 14:00	3	I	J	F	G	H
14:00 – 14:20	4	H	I	J	F	G
14:20 – 14:40	5	G	H	I	J	F

SATURDAY ROUND 2 - All 9 in Year

F					
Tumble 1					
Tumble 2					
Vault 1					
Vault 2					
Rest					
No.	Club	Name		Level	Team
43	Kestrel	Lily	Sullivan	9 in year Phase 1	Kestrel
44	Kestrel	Lily	Archer	9 in year Phase 1	
45	Kestrel	Eva	Riddell	9 in year Phase 1	
46	Kestrel	Shara	Zimmermann	9 in year Phase 1	
47	Kestrel	Georgina	Bradbury	9 in year Phase 2	Kestrel Orange
48	Kestrel	Eliza	Marsh	9 in year Phase 2	
49	Kestrel	Lily	Penkethman	9 in year Phase 2	
50	Kestrel	Isabelle	Webster	9 in year Phase 2	Deri
51	Y-Fenni	Beca	Glyn	9 in year Phase 1	
52	Y-Fenni	Ffion	Jones	9 in year Phase 1	
53	Y-Fenni	Fern	Ewers	9 in year Phase 1	
54	Y-Fenni	Freya	St John	9 in year Phase 1	

G					
Tumble 2					
Vault 1					
Vault 2					
Rest					
Tumble 1					
No.	Club	Name		Level	Team
55	Fusion	Isaac	Martin-Williams	9 in year Phase 1	France
56	Fusion	Alfie	Chandler	9 in year Phase 1	
57	Fusion	George	Pearce	9 in year Phase 1	
57a	Fusion	Lilly-Ella	Cook	9 in year Phase 1	
58	Fusion	Gracie	Owens	9 in year Phase 2	Spain
59	Fusion	Elan	Spanswick	9 in year Phase 2	
60	Fusion	Elise	Benjamin	9 in year Phase 2	
61	Fusion	Isabelle	Gadd	9 in year Phase 2	Japan
62	Fusion	Gwen	Quirke	9 in year Phase 2	
63	Fusion	Mia	Jones	9 in year Phase 2	
64	Fusion	James	Clarke	9 in year Phase 2	
65	Bedwas	Martha	Atcherley	9 in year Phase 1	Pink
66	Bedwas	Summer	Dando	9 in year Phase 1	
67	Bedwas	Gwenan	Precious	9 in year Phase 1	

H					
Vault 1					
Vault 2					
Rest					
Tumble 1					
Tumble 2					
No.	Club	Name		Level	Team
68	Pen-y-Bont	Ellie	Ackland	9 in year Phase 1	Blue
69	Pen-y-Bont	Thea	Budge	9 in year Phase 1	
70	Pen-y-Bont	Emilia	Millard	9 in year Phase 1	
71	Pen-y-Bont	Isla	Jenkins	9 in year Phase 1	
72	Pen-y-Bont	Madeleine	Tracy	9 in year Phase 1	Blue Phase 2
73	Pen-y-Bont	Evelyn	Husband	9 in year Phase 2	
74	Pen-y-Bont	Mila	Hughes	9 in year Phase 2	
75	Pen-y-Bont	Eloise	Wellington	9 in year Phase 2	
76	Pen-y-Bont	Indi	Williams	9 in year DIS Phase 4	
77	CV	Grace	Griffiths	9 in year Phase 2	

I					
Vault 2					
Rest					
Tumble 1					
Tumble 2					
Vault 1					
No.	Club	Name		Level	Team
78	Deeside	Bella	Waddington	9 in year Phase 1	Deeside Blue
79	Deeside	Charlotte	Skates	9 in year Phase 1	
80	Deeside	Lulu	Callegaris	9 in year Phase 1	
81	Deeside	Amriel	Mostyn Jones	9 in year Phase 2	Deeside Gold
82	Deeside	Lily	Williams	9 in year Phase 2	
83	Deeside	Isla	Davies	9 in year Phase 2	Gwernyfed
84	Gwernyfed	Ffion	Price	9 in year Phase 1	
85	Gwernyfed	Ellie	Hughes	9 in year Phase 1	
86	Gwernyfed	Sophie	Holloway	9 in year Phase 1	
87	Gwernyfed	Lola	Tyson-Tracey	9 in year Phase 1	
88	Gwernyfed	Hannah	Davies	9 in year Phase 1	
89	Gwernyfed	Amiyah	Jones	9 in year Phase 1	

J					
Rest					
Tumble 1					
Tumble 2					
Vault 1					
Vault 2					
No.	Club	Name		Level	Team
90	YMCA	Lydia	Newman	9 in year Phase 1	Orange Team
91	YMCA	Mali	Davies	9 in year Phase 1	
92	YMCA	Charlotte	Villis	9 in year Phase 1	
93	YMCA	Alanna	Williams	9 in year Phase 1	
94	YMCA	Miya	Rees-Davies	9 in year Phase 1	Pink Team
95	YMCA	Evie	Self	9 in year Phase 1	
96	YMCA	Alys	Windsor	9 in year Phase 1	
97	YMCA	Scarlett	Barnes	9 in year Phase 1	Blue Team
98	YMCA	Edith	Gibson	9 in year Phase 1	
99	YMCA	Emilia	Maiorano	9 in year Phase 1	
100	YMCA	Ella-Bleu	Smart	9 in year Phase 1	
101	YMCA	Noah	Snell	9 in year Phase 1	

R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	F	G	H	I	J
2	J	F	G	H	I
3	I	J	F	G	H
4	H	I	J	F	G
5	G	H	I	J	F

Round 3

Age Group – All 10 in Year Gymnasts

Arrive/registration: 15:20
General warm up: 15:30 – 15:50
Compete: 15:50
Presentation: 17:40 – 18:00
End of round: 18:00

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
15:50 – 16:10	1	K	L	M	N	O
16:10 – 16:30	2	O	K	L	M	N
16:30 – 16:50	3	N	O	K	L	M
16:50 – 17:10	4	M	N	O	K	L
17:10 – 17:30	5	L	M	N	O	K

SATURDAY ROUND 3 - All 10 in Year

K					
Tumble 1					
Tumble 2					
Vault 1					
Vault 2					
Rest					
No.	Club	Name		Level	Team
102	Deeside	Lauryn	Hickson	10 in year Phase 1	Deeside Burgundy
103	Deeside	Sofia	Parry	10 in year Phase 1	
104	Deeside	Jessica	Fox	10 in year Phase 1	
105	Deeside	Dolly Anne	Ravenscroft	10 in year Phase 1	
106	Deeside	Willow	Ahmadi-Hamer	10 in year Phase 2	Deeside
107	Deeside	Emilia	Chitty	10 in year Phase 2	
108	Deeside	Grace	Gregory	10 in year Phase 2	
109	Deeside	Annabelle	Keeley	10 in year Phase 2	
110	Bedwas	Darcey	Hobrough	10 in year Phase 1	
111	Bedwas	Ella	Caveill	10 in year Phase 2	

L					
Tumble 2					
Vault 1					
Vault 2					
Rest					
Tumble 1					
No.	Club	Name		Level	Team
112	Y-Fenni	Isla	Webb	10 in year Phase 1	Skirrid
113	Y-Fenni	Rosie	Smith	10 in year Phase 1	
114	Y-Fenni	Grace	Dear	10 in year Phase 1	
115	Y-Fenni	Martha	Hepburn	10 in year Phase 1	
116	Y-Fenni	Mali	Payne	10 in year Phase 1	
117	YMCA	Tala	Al-Ardah	10 in year Phase 2	Red
118	YMCA	Poppy	Gooderham	10 in year Phase 2	
119	YMCA	Miley	Jones	10 in year Phase 2	
120	YMCA	Thomas	Hardy	10 in year Phase 2	
121	YMCA	Lara	Kondova	10 in year Phase 2	
122	YMCA	Jaekob	Gully	DIS P3	

M					
Vault 1					
Vault 2					
Rest					
Tumble 1					
Tumble 2					
No.	Club	Name		Level	Team
123	Gwernyfed	Dafydd	Davies	10 in year Phase 1	Gwernyfed 1
124	Gwernyfed	Evelyn	Bowkett	10 in year Phase 1	
125	Gwernyfed	Emily	Sayce	10 in year Phase 1	
126	Gwernyfed	Lucy	Tolman	10 in year Phase 1	
127	Gwernyfed	Frankie Rose	Gunning	10 in year Phase 1	
128	Gwernyfed	Megan	Pritchard	10 in year Phase 1	Gwernyfed 2
129	Gwernyfed	Naomi	Molnar	10 in year Phase 1	
130	Gwernyfed	Emily- Rose	Wilson	10 in year Phase 1	
131	Kestrel	Pheobe	Thomas	10 in year Phase 2	Kestrel Pink
132	Kestrel	Phoenix	Saunders	10 in year Phase 2	
133	Kestrel	Ffion	Knight	10 in year Phase 2	

N					
Vault 2					
Rest					
Tumble 1					
Tumble 2					
Vault 1					
No.	Club	Name		Level	Team
134	Fusion	Jackson	Hornett	10 in year Phase 1	Germany
136	Fusion	Adrian	Thomas	10 in year Phase 2	
138	Fusion	Caitlin	Barber	10 in year Phase 2	
140	Fusion	Olivia	Cole	10 in year Phase 2	
135	Fusion	Oscar	James	10 in year Phase 2	Norway
139	Fusion	Carys	Elston	10 in year Phase 2	
137	Fusion	Olivia	Wooldridge	10 in year Phase 2	
141	Fusion	Matilda	Jones	10 in year Phase 2	

O					
Rest					
Tumble 1					
Tumble 2					
Vault 1					
Vault 2					
No.	Club	Name		Level	Team
142	Pen-y-Bont	Rosie	Watkins	10 in year Phase 2	Blue Team
143	Pen-y-Bont	Beau	Raffill	10 in year Phase 2	
144	Pen-y-Bont	Khloe	Fenlon	10 in year Phase 2	
145	Pen-y-Bont	Milly	Jones	10 in year Phase 2	
146	Pen-y-Bont	Hayden-Skye	Snook-Rees	10 in year Phase 2	Green Team
147	Pen-y-Bont	Layla	Fletcher-James	10 in year Phase 2	
148	Pen-y-Bont	Louisa	Williams	10 in year Phase 2	
149	Pen-y-Bont	Amy	Cloke	10 in year Phase 2	

R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	K	L	M	N	O
2	O	K	L	M	N
3	N	O	K	L	M
4	M	N	O	K	L
5	L	M	N	O	K

Sunday 21st April 2024

Round 1 – Doors open @ 8.30am

Age Group – 11-12 in Year Phase 1 & 3

Arrive/registration: 8:30 am

Coaches Meeting: 8:35 am

General warm up: 8:45 – 9:05 am

Judges Meeting: 8:45 – 9:00 am

Compete: 9:05 am

Presentation: 10:15 – 10:35 am

End of round: 10:35 am

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2
9:05 – 9:20	1	P	Q	R	S
9:20 – 9:35	2	S	P	Q	R
9:35 – 9:50	3	R	S	P	Q
9:50 – 10:05	4	Q	R	S	P

SUNDAY ROUND 1 - 11-12 PHASE 1 & 3

P	Tumble 1				
	Tumble 2				
	Vault 1				
	Vault 2				
No.	Club	Name		Level	Team
150	Y-Fenni	Nia	Thomas	11-12 Phase 1	Y Fal
151	Y-Fenni	Elva	Tiernan	11-12 Phase 1	
152	Y-Fenni	Daisy	Bowen	11-12 Phase 1	
153	Y-Fenni	Constance	Bedford	11-12 Phase 1	
154	Bedwas	Fleur	Stenner	11-12 Phase 1	
155	Bedwas	Holly	Dando	11-12 Phase 1	
156	CV	Carrie	Lewis	11-12 Phase 1	
157	CV	India	Reynolds	11-12 Phase 1	

Q	Tumble 2				
	Vault 1				
	Vault 2				
	Tumble 1				
No.	Club	Name		Level	Team
158	Pen-y-Bont	Evelyn	Buck	11-12 Phase 1	Green Team
159	Pen-y-Bont	Dhani	Chandrasena	11-12 Phase 1	
160	Pen-y-Bont	Emilia Jane	Hearse	11-12 Phase 1	
161	Gwernyfed	Orlagh	Murphy	11-12 Phase 1	
162	Gwernyfed	Phoebe	Tyson-Tracey	11-12 Phase 1	Gwernyfed
163	Gwernyfed	Nerys	Gibbs-Davies	11-12 Phase 1	
164	Gwernyfed	Tilly	Jones	11-12 Phase 1	

R	Tumble 1	Tumble 2	Vault 1	Vault 2
1	P	Q	R	S
2	S	P	Q	R
3	R	S	P	Q
4	Q	R	S	P

R	Vault 1				
	Vault 2				
	Tumble 1				
	Tumble 2				
No.	Club	Name		Level	Team
165	YMCA	Mair	Porter	11-12 Phase 3	Teal
166	YMCA	Lauren	Potter	11-12 Phase 3	
167	YMCA	Corey	Loxton	11-12 Phase 3	
168	YMCA	Hettie	Evans	11-12 Phase 3	
169	Fusion	Elinor	Childs	11-12 Phase 3	Italy
169a	Fusion	Elizabeth	Childs	11-12 Phase 3	
170	Fusion	Charlie	Dixon-Jones	11-12 Phase 3	
171	Fusion	Freya	Weston	11-12 Phase 3	
172	Fusion	Joshua	Parsons	11-12 Phase 3	
173	Fusion	Milo	Hutchins	11-12 Phase 3	

S	Vault 2				
	Tumble 1				
	Tumble 2				
	Vault 1				
No.	Club	Name		Level	Team
174	Deeside	Jessica	Cody	11-12 Phase 3	DGA Gold
175	Deeside	Lucas	Waddington	11-12 Phase 3	
176	Deeside	Ryan	Coppell	11-12 Phase 3	
178	Deeside	Olivia	Aston	11-12 Phase 3	
179	Deeside	Lily	Huson	11-12 Phase 3	Kestrel Red
180	Kestrel	Ruby	Morgan	11-12 Phase 3	
181	Kestrel	Amy	Heron	11-12 Phase 3	
182	Kestrel	Jessica	Smith	11-12 Phase 3	
183	Kestrel	Megan	Kensley	11-12 Phase 3	
184	Kestrel	Rhydian	Robson	11-12 Phase 3	

Round 2

Age Group – 11-12 Phase 3

Arrive/registration: 10:45

General warm up: 10:55 – 11:15

Compete: 11:15

Presentation: 12:25 – 12:45

End of round: 12:45

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2
11:35 – 11:55	1	T	U	V	W
11:55 – 12:15	2	W	T	U	V
12:15 – 12:35	3	V	W	T	U
12:35 – 12:55	4	U	V	W	T

SUNDAY ROUND 2 - 11-12 Phase 2

T	Tumble 1			
	Tumble 2			
	Vault 1			
	Vault 2			
	No.	Club	Name	Level
185	St Tydfil's	Eva Faith	11-12 Phase 2	Team Purple
186	St Tydfil's	Mia Evans	11-12 Phase 2	
187	St Tydfil's	Libby Morgan	11-12 Phase 2	
188	St Tydfil's	Gracie Walker	11-12 Phase 2	
189	St Tydfil's	Zoya Hnenna	11-12 Phase 2	
190	St Tydfil's	Leila Llewellyn	11-12 Phase 2	Team Red
191	St Tydfil's	Lacey Watkins	11-12 Phase 2	
192	St Tydfil's	Sidney Ewington	11-12 Phase 2	
193	St Tydfil's	Kate Miller	11-12 Phase 2	
194	C V	Ffion Griffiths	11-12 Phase 2	
195	Bedwas	Josey Kean	11-12 Phase 2	
196	Bedwas	Megan Caveill	11-12 Phase 2	

U	Tumble 2			
	Vault 1			
	Vault 2			
	Tumble 1			
	No.	Club	Name	Level
197	YMCA	Elin Griffiths	11-12 Phase 2	Purple
198	YMCA	Anya Padwick	11-12 Phase 2	
199	YMCA	Anai Sparkes	11-12 Phase 2	
200	YMCA	Ciara Smyth	11-12 Phase 2	Cyan
201	YMCA	Amber Brookes	11-12 Phase 2	
202	YMCA	Darcy Davies	11-12 Phase 2	Sweden
203	Fusion	Erin Quirke	11-12 Phase 2	
204	Fusion	Gwenllian Delamere	11-12 Phase 2	
205	Fusion	Sophie Howard	11-12 Phase 2	
206	Fusion	Matilda Weeks	11-12 Phase 2	
207	Fusion	Eliza Henderson	11-12 Phase 2	

R	Tumble 1	Tumble 2	Vault 1	Vault 2
1	T	U	V	W
2	W	T	U	V
3	V	W	T	U
4	U	V	W	T

V	Vault 1			
	Vault 2			
	Tumble 1			
	Tumble 2			
	No.	Club	Name	Level
208	Deeside	Mair Brooks	11-12 Phase 2	DGA 2
209	Deeside	Jasmine Thomas	11-12 Phase 2	
210	Deeside	Ava Seddon	11-12 Phase 2	
211	Deeside	Lyla Coldrick	11-12 Phase 2	
212	Deeside	Poppy Jones	11-12 Phase 2	DGA Gold
213	Deeside	Hank Starck	11-12 Phase 2	
214	Deeside	Alice Kitching	11-12 Phase 2	

W	Vault 2			
	Tumble 1			
	Tumble 2			
	Vault 1			
	No.	Club	Name	Level
215	Pen-y-Bont	Lexi Cowan	11-12 Phase 2	Blue
216	Pen-y-Bont	Martha Davies	11-12 Phase 2	
217	Pen-y-Bont	Jasmine Allen	11-12 Phase 2	
218	Pen-y-Bont	Erin Joy	11-12 Phase 2	
219	Pen-y-Bont	Summer Mainwaring	11-12 Phase 2	Kestrel Blue
220	Kestrel	Nadine Susan Eyong Echaw Gonzalez	11-12 Phase 2	
221	Kestrel	Abigail Bowles	11-12 Phase 2	
222	Kestrel	Imaya Johnson	11-12 Phase 2	

Round 3

Age Group – All 13+ Gymnasts

Arrive/registration: 13:00

General warm up: 13:10 – 13:30

Compete: 13:30

Presentation: 15:20

End of round: 15:40

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
13:30 – 13:50	1	X	Y	Z	AA	BB
13:50 – 14:10	2	BB	X	Y	Z	AA
14:10 – 14:30	3	AA	BB	X	Y	Z
14:30 – 14:50	4	Z	AA	BB	X	Y
14:50 – 15:10	5	Y	Z	AA	BB	X

SUNDAY ROUND 3 - 13+

X		Tumble 1			
		Tumble 2			
		Vault 1			
		Vault 2			
		Rest			
No.	Club	Name		Level	Team
223	Y-Fenni	Ruby	Lewis-Atwell	13+ Phase 1	Table Mountain
224	Y-Fenni	Anna	Glass	13+ Phase 1	
225	Y-Fenni	Gracie	Kingdon	13+ Phase 1	
226	Y-Fenni	Ashleigh	Curr	13+ Phase 1	
227	Gwernyfed	Autumn	Price	13+ Phase 1	
228	C V	Lois	Worlock	13+ Phase 2	
229	C V	Rebecca	Morgan	13+ Phase 2	
230	C V	Caitlin	Hughes	13+ Phase 3	
231	C V	Summer	Reynolds	13+ Phase 3	

Y		Tumble 2			
		Vault 1			
		Vault 2			
		Rest			
		Tumble 1			
No.	Club	Name		Level	Team
232	Deeside	Elinor	Seddon	13+ Phase 2	
233	Deeside	Ethan	Waddington	13+ Phase 2	
234	Deeside	Max	Williams	13+ Phase 3	
235	YMCA	Alexis	Smart	13+ Phase 2	
236	YMCA	Lucy	Johnson	13+ Phase 2	
237	YMCA	Isabella	Leach	13+ Phase 3	
238	YMCA	Gwydion	Armstrong	13+ Phase 3	
239	Bedwas	Lily	Harris	13+ Phase 2	
240	Bedwas	Megan	Precious	13+ Phase 2	
241	Fusion	Sophia	Wright	13+ Phase 2	Poland
241a	Fusion	Cari	Ackers	13+ Phase 2	
242	Fusion	Megan	Fox	13+ Phase 2	

Z		Vault 1			
		Vault 2			
		Rest			
		Tumble 1			
		Tumble 2			
No.	Club	Name		Level	Team
243	St Tydfil's	Kate	Miller	13+ Phase 2	
244	St Tydfil's	Casey	Patterson	13+ Phase 2	
245	St Tydfil's	Isla	Jones	13+ Phase 2	
246	St Tydfil's	Lili Haf	Whitney	13+ Phase 2	
247	St Tydfil's	Roxie	Morgan	13+ Phase 2	
248	St Tydfil's	Maisie	Griffiths	13+ Phase 2	
249	St Tydfil's	Megan	Davies	13+ Phase 2	
250	St Tydfil's	Sophie	Chapman	13+ Phase 3	
251	St Tydfil's	Natalie	Bittencourt Rego	13+ Phase 3	

AA		Vault 2			
		Rest			
		Tumble 1			
		Tumble 2			
		Vault 1			
No.	Club	Name		Level	Age
252	Pen-y-Bont	Mali	Davies	13+ Phase 3	Blue Team
253	Pen-y-Bont	Storm	Miller	13+ Phase 3	
254	Pen-y-Bont	Emma	John	13+ Phase 3	
255	Pen-y-Bont	Chloe	Hallett	13+ Phase 3	
256	Pen-y-Bont	Olivia	Henderson	13+ Phase 3	
257	Pen-y-Bont	Mia	Francis	13+ Phase 3	Silver Team
258	Pen-y-Bont	Megan	Grabham	13+ Phase 3	
259	Pen-y-Bont	Imogen	Howe	13+ Phase 3	

BB		Rest			
		Tumble 1			
		Tumble 2			
		Vault 1			
		Vault 2			
No.	Club	Name		Level	Team
260	Fusion	Olivia	Wright	13+ Phase 3	Brazil
261	Fusion	Ellia	Galozzi-Hibbert	13+ Phase 3	
262	Fusion	Valmai	Porter	13+ Phase 3	
263	Fusion	Hannah	Welch	13+ Phase 3	
264	Fusion	Alice	Rogers	13+ Phase 3	
265	Fusion	Mia	Forward	13+ Phase 3	
266	Kestrel	Georgia	Vine	13+ Phase 3	
267	Kestrel	Niamh	Trott	13+ Phase 3	
268	Kestrel	Eleanor	Hall	13+ Phase 3	
269	Kestrel	Ingrid	Zina	13+ Phase 3	
270	Kestrel	Luke	Hobson	13+ Phase 3	
271	Kestrel	Ted	Watson	13+ Phase 3	

R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	X	Y	Z	AA	BB
2	BB	X	Y	Z	AA
3	AA	BB	X	Y	Z
4	Z	AA	BB	X	Y
5	Y	Z	AA	BB	X

Photography Regulations

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by Welsh Gymnastics and British Gymnastics.

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org. If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos. 'Photo's' includes any form of video or still image including those taken with mobile phones.

1. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a. Not to take photos either generally or in particular circumstances.
 - b. To provide their full name and address and evidence of this
 - c. To let the Competition Organiser, view any images recorded and to delete any images.
 - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they cannot be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing.

*Taken from Appendix 2 British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form – BG Photography Regulations.

Codes of conduct

Parents : <https://www.welshgymnastics.org/wp-content/uploads/2023/10/Codes-of-Conduct-for-Parents-Version-1-021023.pdf>

Gymnasts : <https://www.welshgymnastics.org/wp-content/uploads/2023/10/Codes-of-Conduct-for-Gymnasts-Version-1-021023.pdf>

Coaches, Volunteers, Officials : <https://www.welshgymnastics.org/wp-content/uploads/2023/10/Codes-of-Conduct-for-Coaches-Version-1-021023.pdf>

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