



Welsh Gymnastics
Gymnasteg Cymru

Tumble League 1

Venue: Haverfordwest LC

SA61 1QX

Welcome to

Tumble League 1 of 3

2024

On behalf of Welsh Gymnastics,

We would like to thank all the gymnasts, volunteers, coaches, judges, and everyone involved in the event today. Without you it would not have been possible.



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Brands are correct at the time of communication and are subject to change without notice

Outline of the day:

	TRACK NOS	WHO	FLOOR NOS	WHO
R1	31	CW AGE 10/11 & 12/13	44	CW age 6/7
R2	43	ALL FLIC		
R3	29	ALL WHIP AND SOMI		
BREAK				
R4	18	FIG		
R5	26 (Nos: 45-70)	CW 8/9YRS		
R6	27 (Nos: 71- 97)	CW 8/9YRS		

Timings for the day:

ROUND 1	
8am	DOORS OPEN
8:15am	REG
8:25am	GEN Warm up (stretching only)
8:35am	routine warm up on track
8:55am	compete
9:53am	FINISH
10am	presentation at the end of round this round
Round 1 to leave	
ROUND 2	
10am	REG
10:10am	GEN Warm up (stretching only)
10:30am	routine warm up on track
11am	compete
11:57am	FINISH
12:10pm	presentation at the end of Round 3
judges break	
ROUND 3	
11:30am	REG
11:40am	GEN Warm up (stretching only)
12:00pm	routine warm up on track
12:25	compete
13:15	FINISH
13:30	presentation at the end of Round
judges LUNCHES. R2/3 to leave	
ROUND 4	
13:00	REG
13:15	GEN Warm up (stretching only)
13:35	routine warm up on track
14:00	compete
14:30	FINISH
14:40	presentation at the end of round this round
R4 to leave	
ROUND 5	
14:30	REG

14:40		GEN Warm up (stretching only)
14:55		routine warm up on track
15:25		compete
16:10		FINISH
15:35		presentation at the end of the final round
ROUND 6		
15:15		REG
15:25		GEN Warm up (stretching only)
15:35		routine warm up on track
16:05		compete
16:53		FINISH
17:00		presentation for R5/6

Photography Regulations

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by Welsh Gymnastics and British Gymnastics.

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org. If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos. 'Photo's' includes any form of video or still image including those taken with mobile phones.

- 1.** The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a.** Not to take photos either generally or in particular circumstances.
 - b.** To provide their full name and address and evidence of this
 - c.** To let the Competition Organiser, view any images recorded and to delete any images.
- d.** To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they cannot be deleted.
- 3.** Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
- 4.** Photos may not be used, distributed or copied for commercial purposes.

5. Flash may not be used at any time while gymnasts are warming up or competing.

*Taken from Appendix 2 British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form
– BG Photography Regulations.

JUDGING PANELS		
F1	F2	F3
Alex	emily hall	Megan
T1	T2	T3
Allan	Sharon	Shelley
Cilan	Nadine	Fiona
Officials		
Floor Mgr	Josh Beard	
WG Rep	Maria Gaynor	
SWO	Maria Gaynor	
Volunteers		
Isabella Hall		
Hwest ladies		
Lacey Dalling		

Judges meeting with Shelley: 8:25am

Coaches meeting with Maria: 8:15am



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